

***RESOLUTION ENCOURAGING INCORPORATION OF PHYSICAL ACTIVITY  
WITHIN THE SCHOOL DAY***

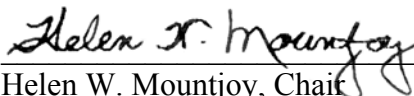
***By  
The Kentucky Board of Education  
Commonwealth of Kentucky***

*Whereas,* Physical activity supports the physical well being of a student and also enables a student to be ready to learn, and

*Whereas,* The Kentucky Board of Education recognizes and supports the philosophy of local control and decision making as to effective use of the school day, including student physical activity.

NOW THEREFORE, be it resolved by the Kentucky Board of Education that every public elementary and secondary school in Kentucky is strongly encouraged to integrate into the school day physical activity for every student and that the Kentucky Department of Education must promote awareness among the schools as to resources and models of best practices available to integrate student physical activity within the school day.

DONE AT THE KENTUCKY BOARD OF  
EDUCATION MEETING, in the city of  
Frankfort, this eleventh day of December, in  
the year Two Thousand and Three.



Helen W. Mountjoy, Chair  
Kentucky Board of Education



Gene Wilhoit, Commissioner  
Kentucky Department of Education